

**BASICS FOR STAYING LEGAL IN J-1 STATUS**

- Keep your passport valid at all times, ensure current I-94 record is accurate
- Have your passport and DS-2019 with you when traveling inside and out of the U.S.
- Enroll in a full course of study each fall & spring semester
- Get International Affairs (IA) Office approval before taking classes concurrently at another college
- Request extension BEFORE current DS-2019 expiration if you are not completing your program by the program end date listed on your DS-2019
- Inform IA if planning to move, transfer to another college, university, or program sponsor
- Request new DS-2019 for any change in major, degree, ending date, or personal information change
- DO NOT WORK OFF-CAMPUS without prior authorization
- DO NOT WORK on-campus UNTIL you receive permission from the International Affairs Office
- DO NOT WORK on-campus more than 20 hours/week while school is in session
- Report address in your UCCS portal and to [international@uccs.edu](mailto:international@uccs.edu) within 10 days of any change
- Fill out the Travel Signature Request Form to receive a travel endorsement on your DS-2019 before traveling outside the U.S.
- You must leave the U.S. or, if eligible, apply for change of status or Academic Training, or be admitted to another academic program, and inform IA of your plans within 30 days after finishing your current program
- Properly follow U.S. port of entry and exit procedures
- ALWAYS read emails from the IA Office, use your UCCS email address and check it daily
- Carry approved health insurance for yourself and J-2 dependents throughout your entire program

**Always remember – YOU are responsible for your J-1 status!**

Questions or Concerns about your J-1 Status? Contact us:

International Affairs  
Copper House 9202  
1420 Austin Bluffs Parkway  
University of Colorado Colorado Springs  
Colorado Spring CO 80918  
(719)255-5018  
[international@uccs.edu](mailto:international@uccs.edu)

**About this guide:**

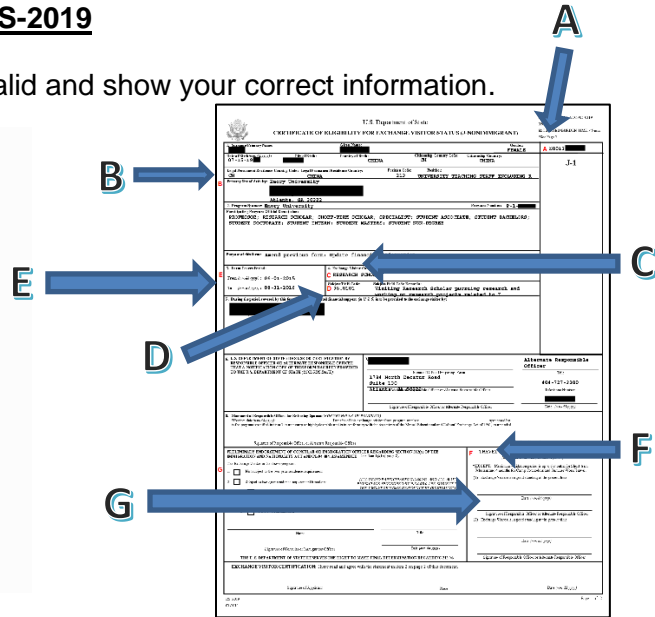
J-1 regulations are complicated, confusing to understand, and occasionally change. This guide provides a quick overview of important basic points to remember about maintaining legal J-1 status but is not intended to give a full explanation of every regulation relating to J-1 status.

# UNDERSTANDING YOUR J-1 DOCUMENTS

## DS-2019

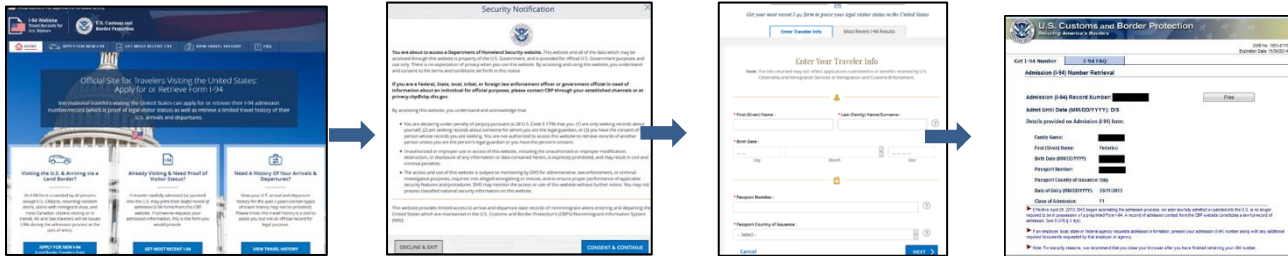
Your DS-2019 must always be valid and show your correct information.

- a. Your SEVIS ID number
- b. Name of your school (or site of activity)
- c. Your degree level or exchange visitor category
- d. Program description
- e. Program start and estimated completion date
- g. Travel signatures



## I-94

- Visit the following website: <https://i94.cbp.dhs.gov/i94/#/home> to 'Get Most Recent I-94'
- When filling out the form, it should have your correct status, D/S, and your correct U.S. entry date (the most recent one).
- Check with the IA Office about any problems or errors.
- Repeat this process **each time** you enter the U.S.! *Make sure to print and keep your current I-94 and email to [international@uccs.edu](mailto:international@uccs.edu)!*



Check out the International Affairs website at <https://www.uccs.edu/international/> for all the information you may need! Email [international@uccs.edu](mailto:international@uccs.edu) with any questions.